



# The DOCTORS Center Wellness

*feel better...live better*

## INFORMED CONSENT

In order for us to provide hormone replacement for our patients, all patients must sign a medical release. We want to emphasize that we believe very strongly in these therapies. So much so that we participate in the hormone replacement program, including replacement of testosterone along with therapies such as estrogen blockage. With that said, we must also stress that the use of hormones such as testosterone, estrogen, progesterone and thyroid is an unknown field. The potential long-term consequences of these drugs are simply unknown. There have been studies that link elevated estradiol levels and elevated testosterone levels with cancer. It is not known whether these elevated levels represent the body's attempt to fight these cancers or if those levels actually represent some association with the cancer itself. The Women's Health Initiative correlated the use of Provera, an artificial progesterone or progestin with an increase in breast cancer, stroke and myocardial infarction. Replacement therapy involves trying to replace the hormones, which already exist in the system. We are using compounds that resemble precisely the body's own hormones and maintain levels that are consistent with what a healthy, normal 30 years old might have.

**Still, the outcome and the final consequences of the use of hormone replacement therapies are unknown. We cannot guarantee the results, good or bad. Utilizing these therapies requires that you do so at your own risk, and we make no guarantee of the outcome, good or bad. If this frightens you, we strongly suggest that you come in for a consultation visit to discuss what we are talking about.**

We wish you the best and strongly invite you to return to our clinic for reevaluation or rechecks of your levels or problems, if you have not already.

Sincerely,

The DOCTORS Center Medical Staff

**I HAVE READ AND UNDERSTAND THE INFORMED CONSENT**

Initials \_\_\_\_\_

Date \_\_\_\_\_